### 6 TIPS FOR SURVIVING WORKING AT HOME





#### # I ATTITUDE IS EVERYTHING



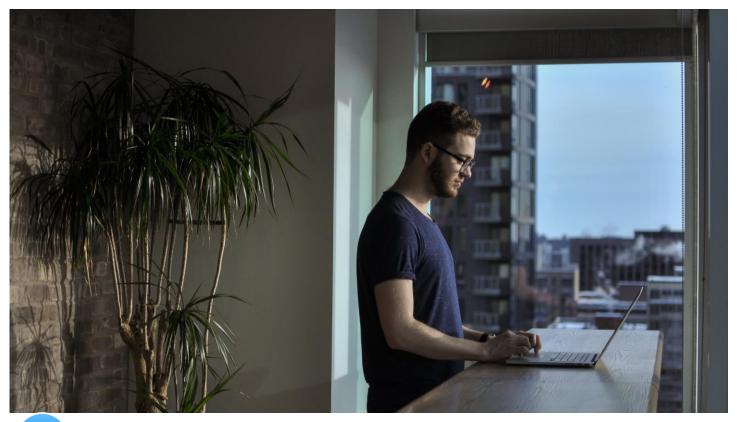






# Alexa, homeschool the children.

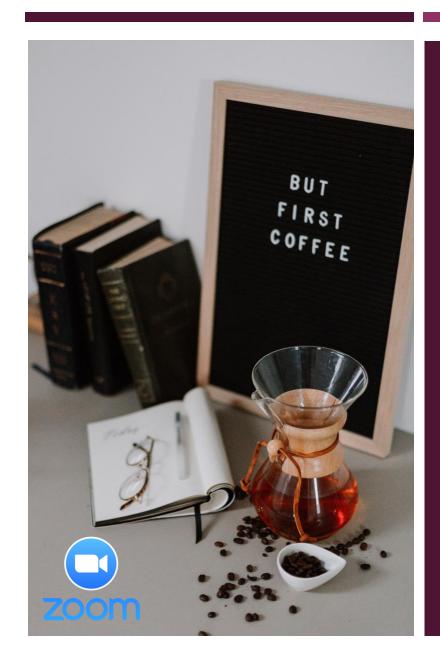




# TEMPORARY OR OR PERMANENT

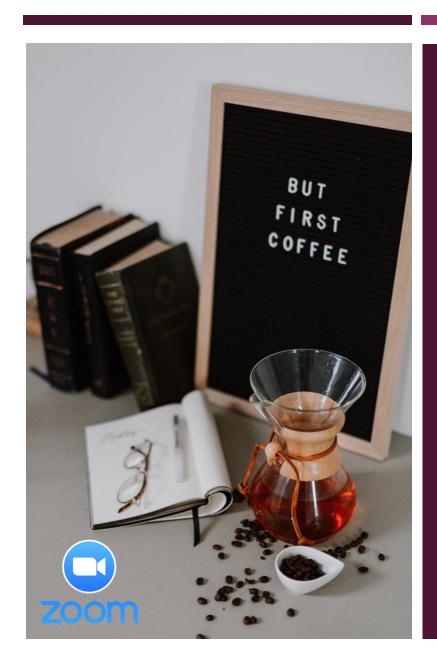






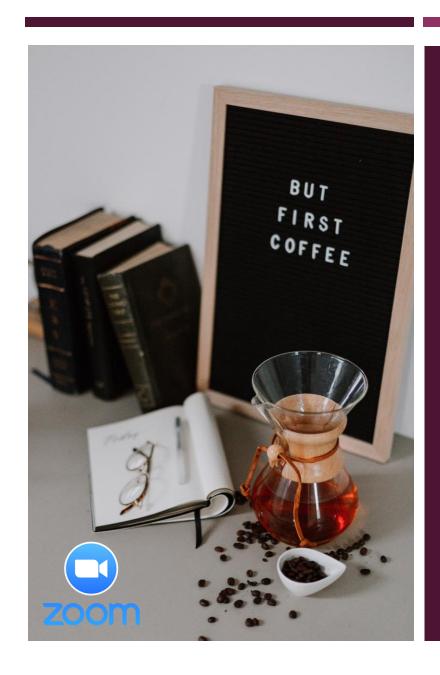
#### # 3 ROUTINE





#### OFFICE HOURS





#### FIND YOUR RHYTHM





## END OF DAY RITUALS







# 4 GET ORGANISED



**TRELLO** SLACK TO DOIST PAPER NOTES CALENDAR **EMAIL** 

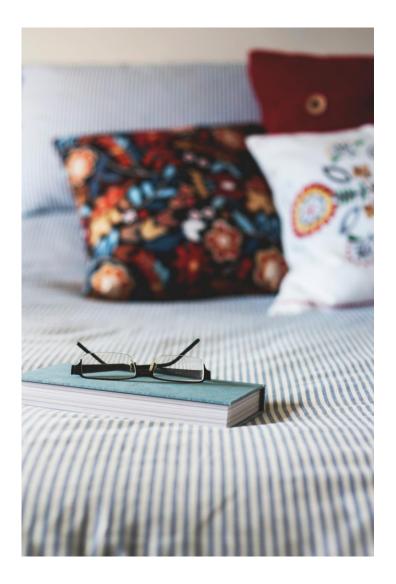




# # 5 MAXIMISE FAMILY TIME







# 6 ME TIME











# # 7 EXTRA GRACE

HELP ME JESUS!