

Personal Reflection Time

The Win

When leaders intentionally reflect they grow.

Why?

The wisdom of the prudent is to give thought to their ways Proverbs 14.8

The prudent give thought to their steps Proverbs 14.15

The upright give thought to their ways Proverbs 21.29

When?

Set aside 30 mins every 5 – 6 weeks to ask yourself these questions

How?

Simply, ask yourself these questions and act on your answers.

How's my marriage?

How's my relationships with my kids?

How's my relationships with my friends and colleagues?

What can I do in the next month to strengthen these relationships?

How's my energy levels?

How's my exercise regime?

What season are we/am I in – spring, summer, autumn, winter?

How's my character and integrity?

How is my goal achievement?

How am I tracking with my personal 3 year aspirations/vision/plan/objectives?

How can I improve my financial world?

How can I add income streams to my world?

What is the Lord saying to me?

What needs to change in my life to help me hear from Christ?

What does it mean today to give to God what belongs to him?

What brave decisions am I making at the moment?

How am I connecting with unchurched people?

What new things am I learning?

What one question would I not want my best friend to ask me?

What have I learned recently that has helped me grow?

What problem, failure or pressure am I not facing?

What failure am I processing well?

What success am I processing well?

What do I need to start doing?

What do I need to stop doing?

John Finkelde

[Grow a Healthy Church](#)